

# *Sowing Seeds of Care*

Hands-on Habitat Restoration  
with the Evanston Interreligious  
Sustainability Circle

SUNDAY, MAY 22, 2005 • 1-4 PM  
(Opening religious ceremony at 1:15 PM.)



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## *Harms Woods Forest Preserve*

*Meet at the Forest Preserve parking lot on the west side  
of Harms Road, just south of Glenview Road. Come dressed for the woods.*

Most of the original landscape of the Chicago region was lost before 1900, due to agriculture. Then, the vision of farsighted Chicago leaders from the early 1900s created a vast system of over 200,000 protected acres throughout our region.

Today these precious landscapes are threatened. Development sprawl, loss of habitat, and fragmentation of remaining habitat has put many species at risk. Much of the scenic beauty and the rich variety of ecosystems in our forest preserves has also declined significantly with the encroachment of invasive plant species, largely due to the suppression of natural processes such as fire.

Ecological restoration is about reversing human-caused degradation. In order to restore ecosystems, invasive plants often must be removed and natural processes that have been repressed must be reintroduced.

Habitat restoration is FUN! It is an activity appropriate for young people (generally ten and older) and senior citizens. This habitat restoration afternoon will offer three alternative activities: cutting down Buckthorn bushes; pulling up Garlic Mustard plants; and sowing seeds of native species that were collected last fall.

For more information call Steve Perkins at (773)278-4800 Extension 155, or email to: [steve@cnt.org](mailto:steve@cnt.org). We'd like to know how many people are coming. But, most important, just come. Remember, the short religious ceremony will start at about 1:15.

